

# Central Lyon Menu - February 2025



## BREAKFAST PRICES

Student: Free  
 Adult: \$1.90  
 Second Juice: \$.40

## LUNCH PRICES:

Grades TK-6: \$2.40  
 Grades 7-12: \$2.50  
 Adult: \$4.85  
 Second Entrée \$2.50  
 Extra Milk: \$0.40

**BREAKFAST SERVING TIME IS  
 7:45-8:05 am**

**Menu items are subject to  
 change without notice. If you  
 have any questions or concerns,  
 please contact Darsha Tuenge,  
 Food Service Director, at (712)  
 472-2664.**

**This institution is an equal  
 opportunity employer.**

<i>Monday</i>	<i>Tuesday</i>	<i>Wednesday</i>	<i>Thursday</i>	<i>Friday</i>
<b>3 Breakfast</b> Cereal & Toast TK-6 Breakfast Pizza 7-12  <b>Lunch</b> Popcorn Chicken w/ Smiles TK-6 Orange Chicken & Rice 7-12 Carrots Applesauce Sandwich	<b>4 Breakfast</b> French Toast Sticks w/ syrup Yogurt  <b>Lunch</b> Cheese Quesadilla Romaine lettuce w/ dressing Black beans Strawberry cup	<b>5 Breakfast</b> Cereal or Muffin Yogurt  <b>Lunch</b> Chili and Chips w/ cheese Corn Baby carrots Mixed Fruit Sandwich 7-12	<b>6 Breakfast</b> Bacon & Cheese Egg Bites Toast  <b>Lunch</b> Meatball Sub w/ Mozzarella cheese Green beans Broccoli w/ ranch Grapes	<b>7 Breakfast</b> Mini Cinni or Strawberry Cr Cheese Bagel Yogurt  <b>Lunch</b> Beef Tacos w/ Lettuce & cheese Mixed veggies Pineapple Sandwich 7-12
<b>10 Breakfast</b> Breakfast Bagel Yogurt  <b>Lunch</b> Grilled cheese Sandwich Broccoli Baby carrots w/ ranch Peaches	<b>11 Breakfast</b> Waffles & syrup Sausage patty  <b>Lunch</b> Hot Dog on a bun Baked beans Chips Applesauce	<b>12 Breakfast</b> Cereal and Toast  <b>Lunch</b> Beef & Bean Nachos Corn Tater tots Grapes Sandwich 7-12	<b>13 Breakfast</b> Scrambled Eggs w/ Bacon & cheese Toast  <b>Lunch</b> Breaded Chicken Patty Mashed potatoes Gravy or butter Peas Pears Sandwich	<h1>No School</h1>
<h1>No School</h1>	<b>18 Breakfast</b> Pancakes & syrup Yogurt  <b>Lunch</b> Spaghetti w/ meat sauce Garlic Toast Romaine lettuce w/ dressing Applesauce	<b>19 Breakfast</b> Cereal and Toast  <b>Lunch</b> Waffles & Syrup Little Smokies Corn Baby carrots Banana Sandwich 7-12	<b>20 Breakfast</b> Cheese Omelet Toast  <b>Lunch</b> Breaded pork patty Mashed potatoes Gravy or butter Peas Orange wedges Sandwich 7-12	<b>21 Breakfast</b> Breakfast Bagel Yogurt  <b>Lunch</b> Pizza Green beans Romaine lettuce w/ dressing Peaches

**All breakfasts are served with milk, juice, and fruit.  
 All lunches are served with 1% white or fat free chocolate milk.**

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<b>24 Breakfast</b> Cereal & Toast  <b>Lunch</b> Italian Dunkers w/ meat sauce Mixed veggies Romaine lettuce w/ dressing Pears	<b>25 Breakfast</b> Sausage & Pancake on a stick w/ syrup  <b>Lunch</b> Sub Sandwich w/ Lettuce and cheese Baby carrots w/ ranch Juice cup	<b>26 Breakfast</b> Muffin or Poptart Yogurt  <b>Lunch</b> Breaded chicken patty on a bun Hash brown patty Broccoli Apple slices	<b>27 Breakfast</b> Breakfast Taco Yogurt  <b>Lunch</b> Chicken Fajitas w/ lettuce and cheese Corn Baby carrots Pineapple Sandwich 7-12	<b>28 Breakfast</b> Cinnamon Roll Yogurt  <b>Lunch</b> Hamburger on a bun French fries Baked beans Mandarin Oranges
<b>All breakfasts are served with milk, juice, and fruit.            All lunches are served with 1% white or fat free chocolate            milk.</b>				